

The Junction can be accessed by young people aged 12 to 25 years old and their children, living in the ACT and surrounding areas.



About the Junction

The Junction Youth Health Service is a free primary health care service that provides support to young people in all aspects of their health and wellbeing. All appointments at The Junction are FREE, as The Junction bulk-bills Medicare for appointments.



Opening Hours

Monday to Friday

9:30am to 5pm

Closed on Public Holidays



How to Contact Us

Phone: 02 6232 2423

Fax: 02 6232 2424

Email: junctioninfo@anglicare.com.au

Website: www.anglicare.com.au/pages/the-junction.html

If you leave a message on our answering machine we will return your call the same or next business day. Only non urgent matters should be communicated by email, as the practice team may not necessarily read all their emails on a daily basis.

Our practice encrypts all client information that is sent via email. Please be aware that if you send us information via email that is not encrypted, your privacy and confidentiality may be compromised.

OUR SERVICES



ACT
Government

ANGLICARE
NSW SOUTH, NSW WEST & ACT



Booking an appointment

Please call 6232 2423 to book an appointment. When calling to book an appointment it can be really useful if you can let our reception staff know why you want to book an appointment so we can make sure we book you in with the right person.

Please bring your Medicare card and Health Care card to appointments (if you have them). If you don't have a Medicare or Health Care card, we can help you to get them if you are eligible. Don't worry if you are not eligible for a Medicare or a Health Care card, your appointment at the Junction will still be FREE.

GPs

The general practitioners provide primary health care including, but not limited to:

- Chronic disease management
- Wound care and dressings
- Sexual health care
- Mental health care
- Assessments, education and referral

Paediatric Registrars

The children of young people and young people up to the age of 18 can see a paediatrics registrar for anything that a GP might see someone for including assessment, treatment, referral and education. Paediatrics registrars do not do immunisations (the nurses do this). Paediatrics Registrars are provided to The Junction by The Canberra Hospital.



Nurse

Our nurse provides pap smears, STI screens, immunisations, blood tests, pregnancy tests, discussion about pregnancy options, contraception, Implanon insertion and removal, and child health checks, if the paediatrics registrar is unavailable.

Nurse Practitioner

Our nurse practitioner does everything that the nurse does plus antenatal care, prescribing for acute illnesses and continuing prescriptions for ongoing illnesses, such as mental health medications, if there is no GP available. The nurse practitioner can also prepare Mental Health Care Plans for the GPs.

Antenatal Clinic

The Step Ahead Program provides antenatal care and education for pregnant clients of The Junction. This program is provided by The Canberra Hospital Antenatal Clinic. Clients can access a midwife and a social worker for antenatal checkups, referral and advocacy including housing support, support to continue formal education and parenting support and education.

Smoking Cessation Clinic

The Smoking Cessation Clinic is provided by the Cancer Council of the ACT. The clinic includes access to free nicotine replacement therapy plus counselling and support to cease or change smoking habits to improve health outcomes.



Counselling

Our counsellors provide a safe space for young people to explore any issue they are experiencing and help to come up with strategies for dealing with these issues. Some of the things that people come to see our counsellors about include:

- Anxiety
- Depression
- Stress
- Sleeping difficulties
- School issues
- Bullying
- Alcohol and other drug use
- Changing unwanted behaviours
- Just to offload
- Relationships

Youth Work

There is always a youth worker available when The Junction is open who young people can just drop in to see for support about any issue. Some of the common things that the youth workers support people with include:

- Centrelink
- Housing
- Budgeting
- Emergency relief
- Filling out paperwork
- Advocacy

Outreach

The Junction runs small group programs about health related topics in schools and at other local services. The groups are tailored to the needs of the participants; some of the topics covered include healthy relationships, mental health and sexual health.

The youth workers also provide outreach to individuals. This includes transporting people to their healthcare appointments and supporting people to access other services like Centrelink and ACT Housing.