

# THRIVE

Thrive Autumn 2018

“Without [Anglicare’s] help, I don’t know what we would have done... It was the toughest time of my life.”



## Lasting Change

Emma and her partner Darryn were doing well and providing for their family of five children, as well as a niece who needed a safe home. The younger children were part of Anglicare’s supported playgroups where Emma found friendship, parenting support and encouragement.



## A message from the CEO

It was a challenging end to summer for Anglicare, with increasing demand for our crisis services and our disaster recovery team engaged in Tathra. I am very thankful for the very generous response to the Christmas Appeal. You helped us exceed our target with over \$60,000 raised to support vulnerable young people. The newest Anglicare Community Centre at Gordon in the ACT has commenced children's programs including music initiatives to build life skills, confidence, and group interaction which help them be better prepared to start school. Most encouragingly, the continued support of people like you has meant that more children, young people and families are being assisted during difficult times. Thank you for your prayers and support.

Jeremy Halcrow | ANGLICARE, CEO



HOUSING +  
CRISIS SUPPORT

## Lasting change - continued

Darryn became sick and was not receiving any pay. Around the same time, Darryn's father passed away. After paying funeral costs there was not enough money for rent. "We were looking at being evicted and on the streets and the family being split up. I was desperate," says Emma. "I had nowhere to turn except Anglicare".

"The crisis support that Anglicare gave us meant we could stay in our home and also travel to the funeral, seven hours away. Without that help, I don't know what we would have done. It was the toughest time of my life."

"I don't like to ask for help but I feel good that I did, because it helped my children," says Emma. "I know there are many more families out there who are scared to ask because they feel like they will be judged." But Anglicare didn't judge.

Today, Emma and her younger children still attend the supported playgroup and Emma teaches other mothers in the program to cook. Emma has a job and the family are in a more stable position and stronger than ever.

*Emma and her family pictured above.*





YOUTH +  
FAMILY

## Young carers honoured



Several young carers from Anglicare's CYCLOPS program were honoured on Friday 2 March by the Country Women's Association (CWA) in Canberra. Each young person received a scholarship and certificate in recognition of the hard work they do in providing care for a family member.

Jose-Maria Martinez, Anglicare's CYCLOPS coordinator, said that the day was really

special. "Seeing the community reach out and take an interest in these young people is so encouraging, not just for the young people themselves, but for everyone who is connected to the program. We really appreciate the incredible kindness of the CWA."

*Picture left to right: Ann, President of the Canberra Country Women's Association (CWA) pictured with the young carers award winners; Taj, Georgia and Bree.*

## Tathra bushfires



Please pray for the hundreds of people affected by the devastating bushfires that tore through parts of Tathra and the surrounding region destroying homes and property. Anglicare thanks the 23 incredible Disaster Recovery volunteers who supported people at the evacuation centre in Bega and in other locations.

> If you would like to find out more about becoming an Anglicare Disaster Recovery volunteer, visit;  
[www.anglicare.com.au/disasterrecovery](http://www.anglicare.com.au/disasterrecovery)

> If you would like to donate to support people with long-term counselling as they come to terms with the trauma and loss they have experienced as a result of these fires, simply visit [www.anglicare.com.au/tathraappeal](http://www.anglicare.com.au/tathraappeal)

> If you would like to give material aid, visit [www.begavalley.nsw.gov.au](http://www.begavalley.nsw.gov.au) to find out more about donating to the Mayoral Appeal.

## Fresh food delivery

Listeners from ABC Canberra's Gardening Show have been dropping off donations of fruit and vegetables (some of them home-grown) to our partner service at St John's Care.

These donations are going to local individuals and families needing emergency food relief. A special thank you to St John's Care volunteers who contacted the ABC and asked for help to put the call out. Thank you to everyone from the St John's Care team for their amazing work, and to everyone who donated.



HOUSING +  
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GET  
INVOLVED

## Exciting changes for Anglicare Retail



February 14th marked an exciting new chapter for Anglicare Retail with a new name, new look and the opening of a fourth location.

In addition to offering an affordable and ethical shopping option, the new store located at Jamison Centre in Canberra's north, provides employment opportunities for people living with a disability.

The new retail store Supervisor, Isla Smith, is delighted to see the valuable community connection that the store promotes. "Being able to offer employment and volunteer opportunities to a range of people is also something that we are very intentional about. Inclusiveness is an important value within our team," says Isla.

For Naomi, a participant at Anglicare's Disability Services, the opportunity to work at the new store provides another avenue for her to meet people and connect in the community.

The Anglicare Retail team also relocated the Anglicare Retail's flagship Queanbeyan store to a brand-new location!

The new Anglicare Retail Queanbeyan store is located at 170 Crawford Street Queanbeyan, NSW. The Jamison store is located at Unit 2/3 Jamison Centre, Macquarie ACT.

*Pictures above: left, Jan Farrington - Food Fair volunteer. Top right, Store Supervisor Isla (L) with new staff member Naomi (R). Bottom right, Jeremy Halcrow (CEO), Isla Smith (Store Supervisor), Kaye Pritchard (Retail Manager), and Laura Dawson (Retail Coordinator) at the opening.*



# Ministers visit Goulburn services

Anglicare services received special visits from NSW ministers following NSW Cabinet meetings held in Goulburn in late February.

The Hon. Ray Williams MP, Minister for Multiculturalism, and Minister for Disability Services, visited Anglicare's recently opened Disability Services Day Centre in Goulburn, where he met with staff and participants.

Anglicare's Early Childhood Centre at Goulburn TAFE also received a visit from the Hon. Sarah Mitchell, Minister for Early Childhood Education, Minister for Aboriginal Affairs, and Assistant Minister for Education.

Children and staff were delighted to host the Minister, with young people presenting Ms Mitchell with a piece of original artwork. The Minister praised the friendliness of the team and the children, and the quality of the facility.



## Prayer points



Pray that more people will come forward as volunteers – particularly as mentors to young people in Wagga, and as retail store volunteers in the ACT and Queanbeyan.



Pray for families who are preparing for the upcoming winter months that can often be a struggle – specifically that they will seek out help before their circumstances become too critical.



Thank God for the wonderful team of workers and supporters who bring the heart of Anglicare to the community through their loving service and generosity.





## Bright future for little graduates

In December HIPPY held their graduation for children and families who have now completed their two year journey with Anglicare in Wagga. The Home Interaction Program for Parents and Youngsters (HIPPY) is a two-year program for four to five year olds, and provides for home tutors, books and associated educational resources to help parents improve children's school readiness. The program has

been specifically designed to support families experiencing disadvantage.

HIPPY Facilitator Toyah Headridge said it was a bittersweet day. "There were a few tears as staff farewelled children and families that we've walked with for two years. But we're so excited to see the progress that's been made, and to see the children moving in to school."



YOUTH +  
FAMILY

## Wagga supports young people

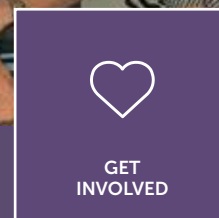
Anglicare's Ignite Mentoring program has received a much-needed funding boost from the Riverina community after becoming a charity partner for the 2018 Thomas Brothers Wagga Wagga Takes Two.

This amazing community support means this valuable mentoring service can continue supporting young people at risk in the Riverina. The program which connects young people with someone who can listen to them and understand them has already made a significant difference in young lives across the community.

Through the generosity of locals, Wagga Wagga Takes Two raised funds which were

split between local charities in 2017 and the Anglicare Riverina team are thrilled to be selected as one of the 2018 charity partners of WWT2.

The key event for WWT2 takes place over three nights in April with the majority of tickets selling out in a number of hours. The key event involves a showcase of talented singers partnered with a local celebrity to bravely take to the stage and perform at Wagga's biggest charity event of the year. Chris Kelly and Carli-Jean (CJ) Kulmar will be performing to raise funds for Ignite Mentoring.



## Club 12/25 supporter tour

In mid-February, a group of amazing supporters took a 'behind the scenes' tour of the many youth services running at Club 12/25 in Canberra. Supporters met some of the Anglicare team and could see the difference their giving is making in the lives of young people in the community.

Fundraising Manager Kate Jennings said, "The donors were all completely blown away at the amazing programs being run! They all walked away as even more passionate advocates and supporters for Anglicare. Also thanks to the team at Club12/25 for providing morning tea and being so welcoming."

In the last year over 1860 young people received health appointments through The Junction health service based at Club 12/25. The service provides free primary health care and support services for young people, with a focus on those who are homeless or at risk of homelessness.

The fundraising team plan to continue doing the small group tours throughout the year. If you are interested in attending a supporter tour, email; [tatum.zotti@anglicare.com.au](mailto:tatum.zotti@anglicare.com.au)

*Picture above left to right; Trevor Hickman (Executive Manager, Philanthropy), Joe, David, Laurayne, Robyn, Charles and Kate Jennings (Fundraising Manager).*

## Back page artwork story



## Art helping young people create a home

Secluded behind a stand of trees and nestled in rolling farmland, Rainbow Residential House is the definition of 'sanctuary'. For many young people who have come here, Rainbow House is the first place where they feel they have a sense of belonging. Most residing here have experienced trauma so acute that many well-meaning foster carers and families have struggled to care for them.

Youth worker, Belinda Lansdell runs art projects with the young people to assist with their healing and to help the house feel more like a home.



"Art is a time for young people to escape to a quiet space within themselves, where they are safe to explore their deepest innermost thoughts and feelings."

When asked how the art projects have changed them, the responses have been:

"When we are agitated, it makes us feel relaxed." "It has meaning, it really means stuff to us." "Makes me forget about things." "I like doing it cause it is fun and it makes us all happy."





OVER THE RAINBOW (October 2017) - Created by young women in Anglicare's residential Rainbow House in Wagga



Thank you again to our generous donors for making these wonderful projects happen. If you haven't donated, or would like to make a further contribution, your donation would be appreciated.

Donate here or on  
[www.anglicare.com.au](http://www.anglicare.com.au)

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Thank you for your generosity. A receipt will be sent to you shortly. Donations over \$2.00 are tax-deductable

**Thrive Autumn 2018**

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