

MAKE A DIFFERENCE IN YOUR LOCAL COMMUNITY

# ANGLICARE *Sunday*

BE INFORMED & INSPIRED



Sunday 21 October is Anglicare Sunday. This date marks the end of National Anti-Poverty Week and is a time for local churches to dedicate a service to finding out more about the work of Anglicare and how partnership can help churches to fulfil their mission of reaching out to their communities.

Last year over 40 churches took part in this exciting event! For more information about how your church can be involved and to check out our Anglicare Sunday resources visit [anglicare.com.au](http://anglicare.com.au) and click on the Anglicare Sunday web banner or email: [Justine.slockee@anglicare.com.au](mailto:Justine.slockee@anglicare.com.au)

ANGLICARE  
NSW SOUTH | NSW WEST | ACT

# THRIVE

Thrive Spring 2018



## Partnering to help communities in need

Anglicare is delighted to partner with St John's Care in Canberra. Hundreds of people have been assisted by the service throughout the last year with 290 people receiving emergency assistance in June alone.

ANGLICARE  
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Thank you again to our generous donors for making these wonderful projects happen. If you haven't donated, or would like to make a further contribution, your donation would be appreciated.

Donate here or on [www.anglicare.com.au](http://www.anglicare.com.au)

- Please complete this form
- Enclose this form / cheque in an envelope and post to us at GPO Box 360, Canberra ACT 2600

Name: .....  
Address: .....  
Phone: .....  
Email: .....

Please accept my donation of:

\$20  \$50  \$100  \$200  \$.....

Please debit my:  Mastercard  Visa  Amex

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Signature..... Expires...../.....

Name on Card.....CCV:.....

My cheque/money order is enclosed (made payable to Anglicare Canberra & Goulburn)

Thank you for your generosity. A receipt will be sent to you shortly. Donations over \$2.00 are tax-deductable

Thrive Spring 2018

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I would like to sign-up to receive THRIVE Newsletters

- via email - address as per above
- via post - address as per above

Please send me information about leaving a gift in my will to Anglicare.



## Message from the CEO

July marks the beginning of a new financial year and a new three-year strategic plan for Anglicare. This plan will continue to build on our mandate to address social injustice and provide the highest quality of care to all people in need, regardless of their background.

Jesus said "... I have come that they may have life, and have it to the full" (John 10:10). This teaching underpins our belief that all people need the gift of hope, if they are to truly thrive. Anglicare's core purpose is to be an agent of transformation in our communities working to alleviate spiritual and material poverty and reduce disadvantage. We respect the intrinsic value of all people and acknowledge their capacity for self-determination.

A key theme of our new plan is to embed a culture of safety across all parts of the organization. One of the new initiatives in this plan is to roll out the 'Sanctuary' model. This evidence-based model, guides staff to understand how trauma can shape our interactions with the often highly vulnerable people with which we work, especially those recovering from a history of harm and abuse. It benefits both staff and clients by helping them to develop coping skills, resilience and connectedness. In the midst of a vast, complex and sometimes distressingly dark world, we never want to lose sight of the importance of providing hope and healing for the individual. Indeed, it is Christ's response to each of us.

"You've gone into my future to prepare the way, and in kindness you follow behind me to spare me from the harm of my past. Psalm 139: 5 (TPT)

Jeremy Halcrow | ANGLICARE, CEO

## Strategic Plan overview 2018 - 2021

### PRIORITY 1

#### Mission

Strengthen focus on our core purpose so that vulnerable people within our regions have the opportunity to live full, whole lives, free from poverty and harm.

### PRIORITY 2

#### Client + Customer Outcomes

Deliver effective, high quality programs to ensure all people across our regions have the opportunity to thrive.

### PRIORITY 3

#### Financial Performance

Develop capacity to invest in mission initiatives by growing discretionary income and reserves.

### PRIORITY 4

#### Effective Systems

Improve organisational capacity to capture, understand and communicate evidence that demonstrates service quality and social impact.

### PRIORITY 5

#### Our People

Build a workforce that can deliver safe, effective and high-quality services to meet future demands.

## How your contributions were used in 2017/18

Service	Amount (\$)	%
Gordon Community Centre emergency relief and community programs	96,000	21
St John's Care case management for people in crisis	27,500	6
'Cassie's Nest' child trauma counselling service	122,000	26
Disability services chaplaincy support in the ACT (Embracing Ministries)	47,000	10
Community chaplaincy support on the South Coast	28,000	6
Parke Community Hub emergency relief and drought support	15,500	3
Ashmont Community Centre emergency relief and community programs in Wagga Wagga	79,000	17
Ignite Mentoring to assist young people in the Riverina who are at risk of entering detention	24,000	5
Disaster Recovery	27,500	6
<b>TOTAL SPEND</b>	<b>466,500</b>	

\* funds from the Tathra Appeal will be dispersed in the 2018/2019 financial year

## Map of locations



## Highlights

**624**

Anglicare employees

**600+**

Anglicare Volunteers

**400+**

Anglicare foster carers

**7000+**

People who received emergency relief

**50,000+**

Items donated to the 2018 pantry appeal

**\$73,642**

Donated to the Christmas appeal  
An increase from the previous year

**\$196,122**

Donated to the Winter appeal  
An increase from the previous year

**\$75m**

Annual turnover  
Mainly government funding. Services outside government funding were covered by fundraising revenue.



Pictured: Stephanie at the St John's Care Pantry.



Pictured: Ashlie and her children.

## St John's Care update

St John's Care is a wonderful example of a parish partnership that is reaching out to its local community. The service experiences a surge in need around the cold winter months with clients representing many different ages and backgrounds.

One such client was 20-year-old Bern who approached St John's Care for help after leaving a domestic violence situation. She was pregnant and had no money. The team assisted by giving her food and clothing. They also helped to buy her a bus ticket to Adelaide so she could live with family in a safe environment in preparation for the birth of her baby.

The appointment of a permanent community worker has added to the scope of service offered at St John's Care, allowing clients to access referral or 'wrap-around' support to help lift them out of need.

Stephanie Stevens recently joined the St John's Care team in this role. With her experience in assisting those in need, particularly those struggling with mental health issues, Steph is a welcome and valuable addition to the team.

**Over 2500 people received emergency assistance at St John's Care over the last 12 months**

### Prayer Point

Please pray for the incredible staff and volunteers at St John's Care, that they would continue to serve the growing needs of families in Canberra with energy and compassion.

## Ashlie's story

Just after Christmas, Ashlie's partner left, leaving her alone with her young children. Lost, scared and with little support from family or friends, Ashlie wasn't sure where to go. But after getting in touch with the team at her local Anglicare community centre, Ashlie's life started to change.

***"I didn't want to ask for help but I had to. It was amazing how Anglicare got me through. The kids got what they needed when I couldn't provide for them on my own. I was facing homelessness and struggling to even feed my family,"*** said Ashlie.

The team looked after her providing practical and emotional care. One day, her Anglicare support worker gave her some exciting news! An affordable

and suitable home had been found for Ashlie and her family.

*"I rang my sister crying and said it couldn't be true. It wasn't just a house to live in. It was a home,"* recalls Ashlie.

"When we moved my washing machine died. I tried to save up to afford repairs and washed at other people's houses. Then one day a truck showed up with a brand new washing machine for me. There was just a note saying it was from Anglicare.

I tried to make a repayment to them but they said 'No, we are here for you to help you out.' I don't have to stress about getting the kid's clothes clean for school. Anglicare has made all the difference. My family has a much better future ahead."

### Prayer Point

Please pray for other families like Ashlie's, that they would seek out the help they need before their situations become worse.

# GORDON COMMUNITY CENTRE

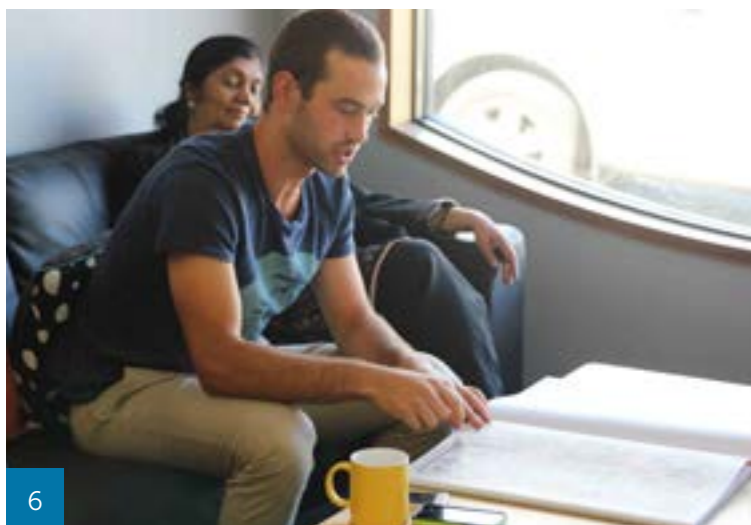
Gordon Community Centre is celebrating one year of reaching those in need and impacting the local community.

The Centre was co-founded by Anglicare and Lanyon Valley Anglican Church to increase the supports available to families and individuals south of Canberra. All the services hosted at the Centre are free or very low cost.

The Centre is a great example of how the local church can mobilise volunteers and come alongside Anglicare to provide long-term services that support people through all stages of life.

## Some of the services delivered at the Centre include:

- Showing practical love through the provision of emergency food relief to assist people through times of crisis.
- A free community playgroup to develop friendships between parents and children in the community.
- English Conversation Practice Classes to support those who may be new to Australia or lack confidence in their English-speaking skills.
- Embracing Ministries hosts a popular interactive music playgroup for babies and toddlers. There is also a specialist music program from children with intellectual disabilities (read more on pg 10).
- A free community morning tea and walking group which is particularly popular with older community members as a way of maintaining friendship and community.



"I find the food pantry is a huge blessing. People are extremely grateful for the pantry. Young people, couples, single mums with young kids - a whole range of people use the pantry. In less than a year over 300 people have visited the service. Getting to come here most days is a real joy for me and great work experience."

– Katie, Volunteer Coordinator of the Pantry at Gordon Community Centre.





## Tathra Bushfires

In March 2018, hundreds of Tathra residents evacuated with little warning while an out-of-control blaze destroyed dozens of family homes.

Twenty-three Anglicare disaster volunteers worked alongside community organisations and emergency services to support those who were affected by the blaze. Volunteers included clergy, such as

Archdeacon Carol Wagner, parishioners from across the region, and Anglicare staff.

More than \$20,000 was raised through Anglicare's Tathra Bushfire Appeal and these funds are enabling the provision of professional counselling and long-term support as the Tathra community rebuilds.



*Pictured: Michael Palmer*

## Community Chaplain

Revd Michael Palmer reflected on his first 9 months working for Anglicare as a Chaplain in the NSW South Coast town of Eden. His role ensures that members of the community who access emergency food relief or rent assistance at Anglicare's Sapphire Surprises Op Shop, know that they can be supported with pastoral care beyond the difficult times they are often facing.

Revd Michael has been implementing a model of board-based community organising that highlights the importance of conversation and ensuring all people feel heard and valued.

Revd Michael says that his role enables local people, particularly those who are vulnerable, to feel empowered to create change and find solutions for the stressors in their lives. Most importantly, this community chaplaincy brings hope and builds stronger communities.



## St George's Hub in Parkes

Georgie's Pantry is a joint initiative between Anglicare and St George's Parish in Parkes NSW.

The service supports hundreds of people a year by providing discounted groceries and emergency assistance.



*Pictured: Paris in Batemans Bay*

**"For some people, a vacuum cleaner might not sound like much but it was the first one I had ever had! It has helped my asthma so much. NILS has been a God send and I am so thankful to the staff who helped me with every aspect of the application process."**

*-Paris*

## Paris' story

Paris has passionately worked as a carer in Bateman's Bay for more than eight years. Despite her love of her work, the low income and her reliance on the disability support pension, has meant there has been seasons of her life where she has been under considerable financial stress.

Fortunately, Paris was aware of the No Interest Loans Scheme offered by Anglicare which meant she was able to acquire a loan to purchase essential items

when her situation got desperate. Paris says she was overwhelmingly grateful to have been able to access NILS loans on three separate occasions to purchase items like a vacuum cleaner and heating for her home.

Paris has already recommended NILS to three of her friends.



*Pictured: Andrea and children in playgroup*

## Embracing Ministries

Embracing Ministries is an initiative funded by Anglicare to support the development and connect with children affected by disabilities. The specialist program addresses a gap within the church community by reaching out to children with specialist needs and their families.

Embracing Ministries hosts an interactive music playgroup called Minnows Music that gives children affected by disability the opportunity to participate

in music, movement, communication and fun. The program includes the use of instruments and simple Auslan sign language so children of all abilities can communicate and connect.

Rev'd Andrea Horcui is employed by Anglicare to facilitate Minnows Music and her role also involves providing chaplaincy and pastoral care to clients and families at Anglicare's Holt Disability Service Centre.



*Pictured: Cassie's Nest*

## Cassie's Nest

Cassie's Nest is a new service operated by Anglicare to assist people in need of specialised trauma counselling. Psychologists assist adults, young people and children who have been through extreme circumstances

providing appropriate care and referrals if necessary. For children in particular, this service provides a safe and comforting location so they can feel protected and supported.

## Pens Against Poverty



Pens Against Poverty is an annual writing competition hosted by Anglicare to encourage primary and high school students to explore the experiences of people living in poverty.

The theme for 2018 is 'On the Edge' and students are asked to create a short story or poem highlighting the issue.

An awards ceremony for the event will form part of Anti-Poverty Week celebrations in the ACT held between 14-20 October. For more details visit:

[www.pensagainstpoverity.org](http://www.pensagainstpoverity.org)



*Pictured: Ignite co-ordinator; Alarna and George*

## Ignite Mentoring

As a semi-retired music teacher, George saw the value in volunteering four mornings each week reading to kindergarten students.

"It's a great experience even if you want to mentor one child, it's quite rewarding and if they wanted to do reading that works well too, the teachers are good, and helpful. There are quite a few students that struggle with reading, so you have to be patient but once they get it, you feel good" says George.

In this volunteer mentor role, George supports a mixture of students including those from an indigenous background and some with mild disabilities. George is currently pursuing studies in child development and support people with disabilities.

Ignite Mentoring has relaunched in 2018 thanks to the generous support of Anglicare donors. Mentors like George now receive the support they need to make an invaluable difference in the lives of children and young people in the Riverina.