

POSITION DESCRIPTION

Title: Therapeutic Specialist

Enterprise Agreement: Community Sector Multiple Enterprise Agreement 2009, ACT

Classification: Community Services Award (salary dependent on experience and qualifications)

Usual work location: Liverpool

Cost Centre: 471

Usual hours of work: Fulltime (or part-time 4 days per week may be considered)

Position Objective: To provide clinical expertise in implementing trauma-informed care services for children and young

people who have experienced abuse-related harms.

Position Responsibilities: • Provide trauma

• Provide trauma-informed care (bio-psycho-social) assessments and intervention planning for children and young people who enter Intensive Therapeutic Care Placements.

- Conduct reflective practice sessions to support professional and volunteer staff to develop therapeutic responding for children and young people in their care.
- Organise and facilitate Care Team and Multi-disciplinary Team meetings to ensure 'wrap-around'

supports are in place to support young people achieve safety, permanency and wellbeing.

- Provide debriefing, training (formal and informal), mentoring, support and supervision to other staff through House Meetings and other avenues.
- Develop partnerships with referrers (FACS) and other referral services such as psychiatric/mental health services, drug and alcohol services, family therapists,
- Work with children and young people to ensure assessments and plans include their voice and provide them with psycho-education about the impacts of trauma.
- Complete reporting requirements including Therapeutic Support Plans, Risk Management Plans, and Clinical Outcome Measures.
- Participate in professional development activities.
- Work in alignment with the 10 Essential Elements of Therapeutic Care, legislative frameworks and statutory requirements.
- Work within the Sanctuary Model Pillars, Anglicare's Values, Anglicare's Practice Framework and organisational policies and procedures.

Key behaviours:

Client Focus

Recognises, anticipates and focuses on specific client needs and advocates on behalf of the client.

<u>Leadership</u>

Uses appropriate interpersonal styles and methods to guide individuals or groups towards achieving results.

Outcome focused

Identifies and accomplishes challenging objectives by doing whatever is necessary to achieve the goal.

Team Building

Promotes the achievement of results through cooperation and joint efforts between team members.

Key skills:

- Experience in delivering therapeutic services to children, young people and their families.
- Experience in working in cross cultural situations, particularly with Aboriginal clients and/or communities
- Experience in engaging with complex families with abuse-related traumas, including completing assessments and evidence-informed interventions.
- High level skills in assessment and report writing, providing planning documents (including Therapeutic Support Plans) and outcomes measures.
- Expertise in working within multi-disciplinary teams to support therapeutic responding to children and young people in OOHC.
- High level communication skills including presentation, staff training, meeting facilitation, advocacy and collaborative partnership building.
- High level understanding of permanency planning principles and practices.
- Well-developed organisational and computer literacy skills.

Key knowledge areas:

- High level understanding of evidence-informed practices for children in OOHC, of traumainformed care provision, attachment-based interventions, child development and systems theory.
- High level understanding of trauma-informed care principles and the 10 Essential Elements of Therapeutic Care.
- Understanding of issues related to intergenerational trauma including child safety assessment, family violence, restoration and historical and cultural trauma of Aboriginal peoples.
- Knowledge and understanding of NSW Child Protection legislation and the NSW Child Safe Standards for Permanent Care.

Key Experience:

- Demonstrated experience in engaging with and providing trauma-informed services to children, youth and families with complex needs including Aboriginal and Torres Strait Islander families.
- Demonstrated experience in completion of complex needs assessments, intervention planning (treatment planning) and evaluation of clinical outcome measures.
- Demonstrated experience in mentoring others to increase therapeutic responses to children and young people who have experienced abuse and neglect.
- Demonstrated experience working in a multi-disciplinary team.

Qualifications:

- A tertiary qualification in Psychology, Social Work, Occupational Therapy, Mental Health Nursing or related discipline. (N.B: Candidates that also hold a relevant Postgraduate Qualification will be preferred.)
- Minimum five years' experience in a therapeutic care setting or working therapeutically with Children and Young People in OOHC.
- Current Registration with the professional body relevant to the candidate's qualification.

Preferable

- Experience working in a Therapeutic Care Setting.
- Experience implementing the Sanctuary Model.
- Experience in providing family therapy.
- Post-graduate training in child, adolescent, and family therapeutic practice and/or mental health clinical practice.

All applications are subject to a Working with Children Check and an Australian Federal Police Check, and are required to complete psychometric profiling Safe Select™ prior to appointment All applications should include a covering letter and statements addressing the position key skill.

Reports to: ITC Therapeutic Services Manager