

PANTRY APPEAL



ABOUT THE PANTRY APPEAL

The Pantry Appeal is officially launched every winter though it runs throughout the year with the aim of seeking donations of non-perishable food and essential living items.

The items collected throughout the appeal are distributed to families and individuals in the community who are in need of emergency

assistance. Thanks to your generosity, in 2018 we were able to collect over 55,000 items and around \$10,000 in donations to directly help those in need.

The Pantry Appeal is supported by local schools, churches and businesses in addition to individual volunteers who run shopping centre stalls across Canberra and in some regional towns in NSW.

ITEMS TO BE COLLECTED

The Pantry Appeal seeks donations of non-perishable items and toiletries. While we always need donations of soup, baked beans/spaghetti, and tinned beetroot, these items usually tend to be higher supply than the other items on the Pantry Appeal Shopping List.

**Show
how BIG
your  is
for families
in need**

PANTRY  APPEAL

Shopping List

School Lunch/Snacks	UHT Milk + Breakfast
» Vegemite	» Long Life Milk
» Honey/Jam	» Soy/Almond Milk
» Peanut Butter	» Coconut Milk
» Juice Boxes	» Cereal
» Muesli/Snack Bars	» Tea Bags/Coffee
» Dried Fruit/Popcorn	» Sugar
» Rice/Corn Cakes	
Everyday Meals	Baby Needs
» Rice/Cous Cous	» Baby Formula
» Instant Noodles	» Large Nappies
» Pasta	» Wipes/Creams
» Pasta Sauce	» Baby Food/Snacks
» Pasta Meals	
Tinned Food	Toiletries
» Tinned Meat Dishes	» Toilet Paper
» Tinned Vegetables	» Toothbrushes/Paste
» Tinned Fruits	» Soap
» Tins of Tuna	» Tissues
Dietary Requirements	» Shampoo/Conditioner
» Gluten free	» Feminine Hygiene
» Dairy free	» Dishwashing Liquid
» Nut free	» Laundry Powder
	» Deodorant
	» Paper Towel

While all donations are welcome, some items are already in high supply such as soup, baked beans/spaghetti & tinned beetroot.

www.anglicare.com.au

WHO THE PANTRY APPEAL HELPS

The Pantry Appeal isn't just about collecting food donations, it's about transforming lives. The donations we receive during the Pantry Appeal support the work of Anglicare in helping disadvantaged children, young people and families

to hope, heal and thrive. Many times people don't seek the help they need until they can no longer afford to feed themselves. This is for many reasons including embarrassment, unemployment, illness or injury, disability and poor financial literacy.

HOW PANTRY APPEAL ITEMS ARE DISTRIBUTED

The Pantry Appeal items are mainly distributed to people in the Canberra region. These services include:

North Canberra -	St John's Care in Reid The Junction Youth Health Services & Youth Space
South Canberra -	Gordon Community Centre
Goulburn -	Homelessness and Housing Service
South Coast -	Homelessness and Housing Service Moruya
Wagga Wagga -	Ashmont Community Centre
Orange -	Emergency Relief Service



MAP OF
ANGLICARE
LOCATIONS



School Lunch
Spreads + Snacks



UHT Milk +
Breakfast Food



Pasta/Rice +
Quick Meals



Tinned Food



Toiletries



Women's Needs



Nappies +
Baby Needs



Cash Donation

HOW TO RUN THE PANTRY APPEAL

1.

Set up a collection point in your classroom or at your school.

Anglicare can send you collection tubs to place in a prominent position like a reception area or foyer.

2.

Tell your students and other staff members about the Pantry Appeal.

Write about the Pantry Appeal in school's newsletter and promote at staff meetings and school assemblies.

3.

Share on Social Media.

By getting involved and contributing to our Pantry Appeal, you're making a real difference in the lives of vulnerable members of our community. Show your school community how you're getting behind this fantastic initiative by sharing it on social media. You can find a bunch of social media graphics you can use on our website.

4.

Keep us up to date.

Let Anglicare know about your collection so we can advise you of a food drop-off location, or arrange collection. We can even organise for one of our team to present briefly at a class or School assembly.

Email: **design@anglicare.com.au** to register your interest,
or phone our office on **6278 8400**

Check out our website for further resources:
www.anglicare.com.au/schools