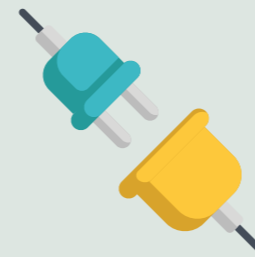


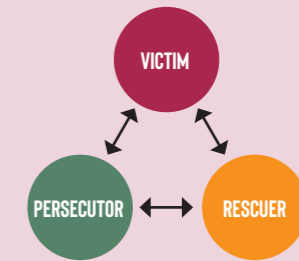
PARALLEL PROCESS

When groups of people come together they begin to pick up on each other's thoughts and feelings and can act this out unconsciously.



COLLECTIVE DISTURBANCE

A situation in which strong feelings get disconnected from their source, and become attached to unrelated events or interactions.



TRAUMA RE-ENACTMENT

Traumatic re-enactment is a replaying of a past traumatic experience with people who are presently in a person's life. There are often three roles: a victim, a persecutor and a rescuer.



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GROUP THINK

Group Think occurs when a group of people aims for harmony or conformity but this results in dysfunction as they try to reach a consensus without critical evaluation of alternative viewpoints.



VICARIOUS TRAUMA

Also known as secondary trauma, can be described as indirect exposure to a traumatic event through first-hand account or narrative of that event. The helper's beliefs about the world may be altered and/or damaged by repeated exposure.



SANCTUARY

Sanctuary is a trauma informed model which supports those who are working in stressful environments to apply mindful, safe and therapeutic practice to achieve positive growth and change in our communities.