

# Prayer Diary

**The Anglicare Prayer:** Father in Heaven, Grant us the compassion to care deeply for others, The wisdom to discern how best to help, The energy to transform emotion into action, and the joy of wholehearted loving service. For Jesus Christ's sake, *Amen.*



ANGLICARE  
COLLEGE



EARLY  
LEARNING



OUT OF  
HOME CARE



RETIREMENT  
LIVING



GET  
INVOLVED



MISSION +  
COMMUNITY  
ENGAGEMENT



DISABILITY  
SERVICES



YOUTH +  
FAMILY



FINANCIAL +  
GAMBLING  
SUPPORT



HOUSING +  
CRISIS SUPPORT

## ANGLICARE PRAYER DIARY

God of Life Giving Creation, You call us to act justly, to love mercy, to walk humbly with you. We pray for the member organisations of Anglicare Australia working across this vast and ancient land. Enable us as we strive to meet human need through loving service and to build communities of resilience, hope and justice. Encourage us to work in mutual partnership to effect positive change. Empower the people we serve to reach their full potential, especially those who experience disadvantage and injustice. Guide us in our advocacy for social justice and strengthen our determination to respond with compassion. Remind us to care for ourselves and each other as we face the challenges of our work, and as we seek reconciliation, healing and community transformation. All this we pray in the name of Jesus Christ, our servant leader and friend.

*Amen.*



## A MESSAGE FROM BISHOP MARK SHORT ANGLICAN DIOCESE OF CANBERRA & GOULBURN

The ministry of Jesus reminds us of the vital link between compassion and prayer. In Matthew 9:36 Jesus is deeply moved by the hurts of the world around Him. He then turns to His followers and invites them to join with Him in praying to their God and ours for workers who will go and serve. In the very next chapter Jesus calls his twelve disciples as the first answer to that prayer.

Still today God's people are called to engage that same world with the love and truth of Jesus. Anglicare is a vibrant expression of our commitment to respond to human need with loving service and, in God's strength, to transform unjust structures. May the pages which follow inform you about the spiritual, material and relational needs of our communities and inspire you to pray for Anglicare staff and volunteers as they go and serve in Jesus' Name.



## **A MESSAGE FROM BISHOP DONALD KIRK** ANGLICAN DIOCESE OF RIVERINA

The Mission of the Christian Church is to reveal the love of God shown in the life, death and resurrection of Jesus Christ. We are called to bring people to know Jesus, his life, his love, and his way. Following the teachings to Jesus includes living out the love he showed by following his example of care for all. The work of Anglicare is to practically live out this loving example of care in its work and mission which touches almost every sphere of life experience. Jesus showed a particular bias of care and concern for the vulnerable and marginalized in society during his earthly life. Now we, through the work of Anglicare, continue that concern for the vulnerable and marginalized in the society of our day. I encourage you to support Anglicare by praying daily for their work in Christ's name, and by offering practical help wherever you can.



## **A MESSAGE FROM BISHOP MARK CALDER** ANGLICAN DIOCESE OF BATHURST

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. Ephesians 3:20-21.

God is able to do more than all we ask or imagine! What a challenge and an encouragement. A challenge – because our prayers are often too small and unimaginative! An encouragement – because we need the reminder that our God is a big God! We should regularly come to him, expecting him to do great things!

It is wonderful to see the scope of the work of Anglicare in this prayer diary. But of course, this has not been wonderfully laid out for us just for our information. We've been asked to pray - to the God who can do all this and more!

## OUR IDENTITY

**Anglicare is that part of the Anglican Church tasked specifically with serving the vulnerable and the marginalised in our community.**

Anglicare's seeks to alleviate poverty and suffering by providing integrated and innovative care. Anglicare serves local and rural communities in NSW & ACT to reduce disadvantage amongst vulnerable and at risk children, young people, seniors and people with a disability.

We believe this because

- God calls all Christians to Love their neighbour (Luke 10:27)
- God has gifted the church as the body of Christ to bear witness to Jesus in the World as an agent of reconciliation and change. (Matthew 25: 31-46)
- Bearing witness to Jesus includes the proclamation of the gospel of Jesus Christ and commensurate impact of love, kindness, hope, and mercy to others and in the care of creation. It can be observed in how the church responds to human need in loving service, seeks to transform unjust structures and strives to safeguard the integrity of creation (Isaiah 1:16-17). John Wesley. "As you seek to bear witness to Christ – and with God's help: 'Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can."

## OUR VISION

**Anglicare exists to support individuals and communities through loving service and sharing hope so that all people can thrive and live a full life.**

As a Christian not for profit organisation the uniqueness of our care is found in response to God's love revealed in Jesus Christ. We experience God's change in the dynamic of becoming and participating. That is becoming is about growing into a greater alignment with God's design and intention. Participating is about bringing our context into greater alignment with God's design and intention.

We believe this because:

- All people are created equal and therefore have innate worth and value in God's sight. (Gen 1:27)
- God calls us to love and serve people in our world without discrimination. (Acts 10:1-15)
- Jesus demonstrates and models loving service as filled with compassion and dignity for all (Matthew 14:14)
- God's holistic transformation calls people to love and repentance in all areas of life. (Jeremiah 29:4-7)
- Flourishing is about "becoming what you have been made to be" in God, this is both
- individually and as a community. (John 10:10)



## OUR PURPOSE

- **To alleviate poverty and suffering in regional and rural communities by providing integrated and innovative care; and**
- **To deliver programs and services to reduce disadvantage amongst vulnerable and at risk:**
  - **Children;**
  - **Young people;**
  - **Seniors; and**
  - **People with a disability.**

We believe this because:

Australians are suffering in our current circumstances and it is seen in the levels of isolation, loneliness, family dysfunction, increased intimate partner violence, climate and environmental suffering of fires, droughts, plagues, floods and so much more.

Christian Organisations believe they are blessed to be a blessing. God calls people to his redeeming work and to be active in our community to challenge the effects of oppressive systems, self-centeredness and sin and to act generously. It means using our resources to care for others with empowering and good social impact.

As in the life of Jesus being, doing and saying are at the heart of our integral service. This demonstrates God's love visibly in providing relief for people in poverty or distress, and to support children, young people and adults who are vulnerable as they navigate the challenges of key life transitions, in order to reduce human disadvantage and build resilient communities – Luke 4:18 & Isaiah 61:2

This includes

- right relations with God and each other; Psalm 98:9, Ephesians 4:24
- prayer with advocacy and action; James 5:16
- addressing the spiritual and material; Micah 6:8
- the integrity of all creation and its resources; Genesis 1:29-30
- the personal and structural changes needed to reconcile all things. 2 Corinthians 5:19



## SOCIAL IMPACT AREA

# EARLY YEARS + AT RISK FAMILIES

Anglicare works with at-risk families to ensure their children have healthy attachments and are school-ready so they grow into thriving young people, and will develop integrated programs to help parents develop the skills they need to be work-ready.

It is our prayer and hope that we will have prevented entries into Statutory Care: supported children's successful transition to school and strengthened families to thrive.



## BERYL'S STORY

### A NEW FUTURE FULL OF HOPE

"I was enduring domestic violence every day and I didn't know how to go on. I'd had enough of my life."

This is how Beryl describes her life before she contacted Anglicare for help. Beryl and her young son were completely alone, struggling to make ends meet.

"I heard about Anglicare from a friend who goes to an Anglican church in town. She introduced me to Anglicare's financial counsellor." After learning about Beryl's difficult situation, the Anglicare team immediately assigned a case manager to assist her. They also helped to enrol Beryl and her son in the HIPPY program to help prepare him for school.

"The staff there are always looking out for the people they work with. When I feel down, I call my case manager, Mel. I find communicating in English hard sometimes, but she helps me to understand. She's a really great case worker," says Beryl.

"The Anglicare team check on me every week and I'm so thankful. Worry and anxiety used to affect me so much. I was getting chronic headaches and I had no one to talk to and share with. Now I have someone. They are like my family here, and now I can stand on my own two feet," says Beryl. "If I hadn't met Anglicare, I don't know what my life would be like now."

Today, Beryl and her son live in a long-term private rental and have great hope for the future.



## DAY 1 EARLY CHILDHOOD EDUCATION & CARE

A great way for children (under school age) and parents to develop friendships with other local families whilst letting the kids run out some energy! Play and activities take place in purpose-built indoor and outdoor spaces.

- We pray little ones enjoy exploring in awe and wonder the world around them
- We pray little ones feel safe, loved and cared for by their family, friends and Anglicare Staff
- We pray families enjoy connecting with other families so that children start to build their pre-school community.
- We pray for Anglicare staff to grow in their delight to foster a safe, fun, learning environment for all.



## DAY 2 HIPPY & PARENT-AS-TEACHER PROGRAMS

The Home Interaction Program for Parents and Youngsters (HIPPY) helps build parents's skills and confidence in their role as their child's first teacher. The program encourages an improvement of communication between parents and children and helps break the cycle of disadvantage from a young age.

- We thank God for the gift of parenting
- We pray for the imparting of wisdom and healthy parenting skills passed from one generation to another.
- We pray parents and children nurture communication between them
- We pray for the HIPPY and Parent as Teacher programs to flourish and support healthy families in the communities.





## DAY 3 KINSHIP CARE AND FOSTER CARE

Kinship and Foster Carers are everyday people who have a heart to help children and give them a future full of hope. A foster carer provides a supportive and safe home environment for children who have experienced trauma such as abuse or neglect and can no longer live with their families for a time.

- We thank God for Carers who share their homes and lives with traumatised children.
- We ask God to raise up more people with such sacrificial hospitality.
- We pray children find safety, healing and restoration during their stay with these families.
- We ask God to enable youth to continue to have care and a safety net after they turn 18 years of age.
- We praise and thank God for the young lives who have flourished because at least one adult loved and cared for them in this world.



## DAY 4 FAMILY CASE MANAGEMENT

In partnership with Woden Community Service, we operate the Child, Youth & Family Services Program (CYFSP) to families in South Canberra, Woden, Weston & Molongo regions. This service incorporates parenting support groups, assistance managing relationship breakdown, one-one-one parenting support, family violence support, supported referrals to other agencies and school support.

- We thank God for parenting support groups to share knowledge, understanding and connection.
- We pray for those who experience loss and grief from relationship breakdown
- We pray for peace and healing upon those have seen and experienced violence in the family
- We pray for Anglicare staff as they sensitively create safe spaces for those traumatised.

## DAY 5 YASS & GOULBURN FAMILY SERVICES

Yass & Goulburn Family Services provides support for families with children from the third trimester of pregnancy through to 12 years old. The program offers support to families through case management and connecting families with other supports and services. This service benefits families who are experiencing vulnerabilities or disadvantage that may impact their capacity to adequately protect and care for their children.

- We thank God for the gift of children
- We pray for the network of caring people to protect and care for each family
- We pray for the right services at the right time for supportive case management



## DAY 6 LIFETIME LEARNING

We thank First Nations people for their generous invitation to walk together towards a better future for all Australians. Lifetime Learning is an Anglicare program with Aboriginal families to support parents who have children under 5 years old. Lifetime Learning includes developmental screenings to help identify healthy development in children, story time (yarns) and morning tea with families.

- Please pray we continually commit to respecting the knowledge and expertise of First Nations peoples and centring First Nations voices in our work.
- Please pray we continually commit to supporting self-determination in the communities in which we work and advocate for the needs of first nations families.
- Please pray for the flourishing of first nation's children so that the next generations are free to grow in stature and wisdom reaching healthy development milestones.



## DAY 7 ANGLICARE FAMILY SERVICES

Please also pray for

- Batemans Bay Toy Library
- Vulnerable Children & Families
- (CAPS) Children and Parental Support
- Child Sexual Assault and Trauma Counselling
- Family Preservation activity

## TRAUMA INFORMED CARE

Please pray for our Trauma Informed model of care in Sanctuary as experienced by staff and participants.

The Sanctuary Model outlines 7 commitments which are promises we make about how all people are treated at Anglicare - we demonstrate them in our communication and interactions with others.

Today please pray for our staff and clients to embrace these Sanctuary commitments:

1. Growth & Change - creating hope for our children and ourselves
2. Open Communication - saying what you mean but not being mean when you say it.
3. Democracy - We listen to each other's voices and participatory decision-making



**SOCIAL IMPACT AREA**

**VULNERABLE REGIONAL +  
RURAL COMMUNITIES**

Anglicare leans into localness, working in partnership with parishes to support people who are homeless, experiencing disaster or in financial crisis to address their immediate needs, build financial capability and strengthen community supports to strengthen the social capital of communities experiencing natural disasters or systemic disadvantage, especially in rural NSW.

It is our hope and prayer that our work will bring about more vibrant, empowered, socially connected and caring rural communities.

Samantha and Ian (pictured) have been supported by Anglicare to find a private rental after they had tried for more than 12 months and had resorted to living in a caravan with their newborn daughter. *Narooma, Yuin Country.*



## GARRY & VICTORIA'S STORY

### REBUILDING AFTER THE BLACK SUMMER FIRES

"I couldn't save the house. All I could do was lie on the floor inside next to our fireplace and wait for the fire to pass. The windows shattered around me," recalls Garry.

The house on the neighbouring property was saved, and so were the animals, but most of Garry and Victoria's house was destroyed.

The rebuilding process has not been easy, and while Victoria and Garry now have a new home on the same footprint as their old house, it is slightly smaller to meet new regulations.

"It's been really hard to organise insurance and government support," says Victoria. "Without Jo [Anglicare's Bushfire Recovery Coordinator] we don't know what we would have done. Jo is an angel in disguise."

For Garry, the trauma has been particularly hard as he struggles with ongoing health issues that have left him in pain, unable to work and on disability support. "Jo helped with Centrelink and getting my NDIS package organised. She also helped Victoria to receive a carer's allowance."

Garry and Victoria are pictured left with Jo from Anglicare (centre) standing in front of their newly rebuilt home.

| Garry, Jo from Anglicare and Victoria at Garry and Victoria's newly rebuilt home. Wiradjuri Country



## DAY 8 VOLUNTEERS

We have over 700 volunteers making an invaluable contribution to the work of Anglicare. This amazing team is the reason we're able to transform the lives of people in times of crisis by delivering programs and services that help families and individuals thrive. These programs include retail, disaster recovery, youth services and Pantry Appeal.

- Praise God for volunteers who serve their communities lovingly and sacrificially
- Pray God will continue to raise up others with a heart to volunteer and serve the most vulnerable in their communities
- Pray for our volunteers in their training and support of their local communities. Ask God to sustain, strengthen and comfort them as they comfort others.



## DAY 9 DISASTER RECOVERY

We have over 700 volunteers making an invaluable contribution to the work of Anglicare. This amazing team is the reason we're able to transform the lives of people in times of crisis by delivering programs and services that help families and individuals thrive. These programs include retail, disaster recovery, youth services and Pantry Appeal.

- Pray for those who have responded to our recent disaster events.
- Pray for parishes in their preparedness and response to disasters.
- Pray for an increase in the capabilities and capacities of our Disaster volunteers.
- Thank God for all they have done in recent years.



## DAY 10 COMMUNITY DISASTER RECOVERY

In February 2020, the NSW Rural Fire Service reported that 2,439 homes had been destroyed in NSW. Anglicare provides support to individuals and families including immediate financial aid, emergency food relief, new furniture and white goods, new clothing, accommodation, construction materials and fuel. Devastating Floods have now hit regions across the geographical footprint of Anglicare.

- Pray for the communities as they slowly heal and recover
- Pray families in makeshift accommodation can have homes built to live in.
- Pray for the recovery co-ordinators as they seek to increase the capacity of each community to heal and recover
- Pray for the Community Disaster Recovery Chaplains and their role of care.



## DAY 11 EMERGENCY RELIEF

Financial hardship can strike anyone—an unexpected crisis, the loss of a job, health problems and a number of other reasons. Anglicare provides emergency assistance in the form of food, clothing, prescription filling, bus fares, blankets and a limited amount of financial help to meet the basic requirements of people in need. Information and referral to a variety of services is also provided, including help to find the right agency or department to deal with a problem.

- Thank God for our Emergency Relief teams across NSW & ACT and for the many parishes and schools who provide additional food supplies to meet the demand
- Pray for those in need to feel valued and be treated with dignity as they ask for assistance.
- Pray our interactions are relational and shine the love of Jesus to all.

## DAY 12 NILS - NO INTEREST LOANS SCHEME

Anglicare offers NILS for people who are unable to access mainstream credit. NILS involves small loans of up to \$1500 to enable people to purchase necessary household items such as furniture and white goods. Loans are also available for essential services such as dental and optical care.

- Pray for the teams as they respond to the many applications
- Pray for the most vulnerable to be aware of this service in our communities and parishes.



## DAY 13 HOMELESSNESS SERVICES

Anglicare's Homelessness Support Service is a service offered in Eurobodalla (Moruya), Goulburn and Yass for families and individuals aged 25 years and older who are experiencing homelessness or at risk of becoming homeless.

The Homeless Youth Assistance Program (HYAP) Riverina assists children and young people between 12-15 years who are homeless or at risk of homelessness.

- Pray for those being impacted by inflation and the cost of living. The added financial stress is causing angst amongst many families struggling to survive.
- Pray for Anglicare's projects to create and connect with accommodation and care for the Homeless.
- Pray for our partnering parishes and properties so we are all good stewards with what God has provided.





## DAY 14 ANGLICARE RETAIL & PARISH PARTNERSHIP SHOPS

Anglicare manages a number of retail recycling stores that sell quality recycled clothing and household items at affordable prices. Profits generated at our retail recycling stores are used to support the work of Anglicare and to support the outreach of the Anglican Church.

- Thank God for the many who donate to our recycling of clothing and household items.
- Pray for our volunteers as they navigate the needs of those who enter the Parish Shops
- Pray for Anglicare's deepening partnership with parishes so that wrap around services and referrals in our rural communities can continue to support the most vulnerable.



## DAY 15 RURAL COMMUNITY CHAPLAINCY

Anglicare Rural Chaplain, Rev'd Michael Palmer, coordinates a community immersion to empower First Nations young people from the South Coast through a canoe building project. Over five days, six young people of different ages work together to build, decorate and eventually paddle their three canoes in the local creek. "It can help them rewrite the narratives of their lives," says Rev'd Michael.

- Praise God for the lives of First nations year 10 students being impacted by this immersion.
- Praise God for the invitation to partner with First Nations led organisations to grow this activity into other first nation's communities.
- Pray for the continuing influence and impact on other young lives.
- Pray for the sustainability of the project and explorations in social enterprise
- Pray for the replication of rural community chaplaincy activity



## SOCIAL IMPACT AREA

# AT-RISK YOUTH

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As a leading therapeutic provider, develop and grow early intervention and prevention models to support young people who are at risk of social isolation build resilience and positive well-being; and reduce contact with the justice system; and unemployment; and homelessness; and to see them become thriving, independent adults who have healthy supportive relationships with their kith and kin.

It is our hope and prayer that young people are in stable housing with improved mental health: are engaged in education or otherwise benefitting from the social and economic aspects of our community to support a lifetime of well-being.



## **RILEY'S STORY**

### TRANSITIONING FROM FOSTER CARE

Riley was placed in care at around 10 years of age. He turned 18 in 2019 and moved out of his foster home into independent living in 2020. "I hadn't lived alone before but the COVID-19 lockdowns were happening in Sydney and I couldn't go anywhere. I felt so anxious and depressed," says Riley.

Fortunately Riley's PYI support workers were able to assist him with the transition.

"I'd feel lost without the PYI team," says Riley. "The staff provided a lot of support, and found me an apartment near my foster parent's home. It's in walking distance to everywhere. They also helped me enrol in TAFE. I enjoy maths and technical skills, so I hope to work for a gaming company one day. Even though living on my own can be hard, the PYI team really help me in working out what path to take."



## DAY 16 STREET LAW LEGAL SERVICES FOR YOUNG PEOPLE

Anglicare has a partnership with Canberra Community Law to provide an outreach legal service for people who are homeless or at risk of homelessness. This ensures that young people experiencing or at risk of homelessness have greater access to services, are able to navigate the legal system and understand their legal rights.

- Pray that young people have access to the help they need in a timely manner
- Pray for young people who are making decisions about safety and where to live.
- Praise God for the youth who do have successful outcomes through this legal Service.



## DAY 17 INTERVIEW FRIENDS

Interview Friends are Anglicare volunteers who provide support to a young person who needs a supportive adult to attend a police interview with them when a parent or relative cannot attend. Interview Friends are a support person to these young people to ensure the statements that the young person provides are voluntary and the rights and interests of the young person are upheld.

- Pray for young people to feel supported and cared for by Anglicare's Volunteers
- Pray God would raise up more volunteers to assist.
- Pray for police and judicial systems in their care of young people.



## DAY 18 STARTING FRESH

Enabling young people to start their day the right way, Starting F.R.E.S.H provides a healthy and supportive environment for young people to start their day with exercise and a healthy breakfast. Young people learn the skills needed to improve their mindset and create a positive future. Starting F.R.E.S.H offers a variety of exercise options changing daily. This may include gym workouts, bike rides, swimming, yoga and boxing along with other activities.

- Pray for innovative programmes that affirm each young person's worth and contribution to this world.
- Pray for the life coaching to make long term impact in each young person's life.
- Praise God for the joy, connection and dignity this program brings to those involved.



## DAY 19 INTENSIVE THERAPEUTIC CARE (ITC)

Intensive Therapeutic Care (ITC) is a service system that helps children and young people who are recovering from the most severe forms of trauma, neglect, abuse or adversity. ITC provides safe, stable accommodation for young people usually aged over 12 years who have complex care needs. The plan for young people living in a residential ITC home is usually for them to be prepared to be able to live in a family environment with a foster family or with their kin or to return home to their birth family. Often young people aged 15 years and older will choose to remain in an ITC home until maturity.

- Pray for the gentle healing and recovery of these very traumatised children.
- Pray for the carers who work in ITC who continually are pushed away and yet beautifully and graciously keep gently engaging beyond rejection.
- Pray for alert community members to prevent and identify abuse to minimise its impact on others.



## DAY 20 HEALTH SERVICES FOR AT-RISK YOUTH

The Junction Youth Health Service provides primary health care and support services to young people aged 12 to 25, along with their dependent children. It has a particular focus on young people who are homeless or otherwise experience (or are at risk of) disadvantage. Services include: GPs, nurses, smoking cessation support, case management, youth work support in addition to outreach to schools.

- Pray for continued easy access of young people to this service
- Pray for this holistic community health model with wrap around services for young people.
- Pray for a growing number of health practitioners to multiply the model.



## DAY 21 YOUNG CARERS

CYCLOPS ACT is a program supporting young people, up to 25 years old who care for a family member experiencing a physical or intellectual disability, mental health issues, alcohol and other drug related issues and/or chronic illness. CYCLOPS is a service of Anglicare ACT Youth & Family Services and offers support that can help make life easier and promote opportunities for young carers to be more involved in community life.

- Pray for these young carers who have had to grow up too fast
- Pray for joy and fun to enter their lives alongside their responsibilities
- Pray for the discernment needed in deciding what each young carer is and is not responsible for.



## DAY 22

### ADDITIONAL PROGRAMS FOR YOUTH AT-RISK

Supported housing for statutory care leavers (includes life skills and educational mentoring)

Family Preservation for families of adolescents

Joint Casework Support for young people under the supervision of Juvenile Justice

Homeless Youth Assistance Program

Young People in Statutory Care

Youth Engagement Team

- Pray that young people will have stable housing and support in the community and parishes
- Pray that young people are feeling connected and engaged with their education
- Pray for wise and loving adults who will connect and positively influence each young person they meet in the community and in parishes.

Today also please pray for our staff and clients to embrace these Sanctuary commitments (see page 21 for more information):

4. Non-violence - Creating Safety. Maintaining healthy boundaries. Treating others with sensitivity and respect.
5. Emotional Intelligence - Managing our feelings so we don't harm ourselves and others.



## SOCIAL IMPACT AREA

# AT-RISK SENIORS AND PEOPLE LIVING WITH A DISABILITY

Supporting the independence of people as they become frailer and experience co-morbidities, including seniors at risk of homelessness and hardship due to disability, social isolation or poverty.

It is our hope and prayer that vulnerable seniors and people living with disability are living safe, secure, healthy, connected and fulfilling lives.

Staff, community leaders and participants at Anglicare's Disability Day Centre in Crookwell, Gundangurra Country





## JOAN'S STORY

### PENSIONER ON THE BRINK OF HOMELESSNESS

Joan's voice breaks as she describes the situation she found herself in six months ago. Faced with huge rental arrears, homelessness, and a shocking \$18,000 charge for repairs, Joan turned to Anglicare for help. "I'd been living in the same property for 14 years. But as my rent started going up and up, all my money was going on electricity and rent," says Joan.

Anglicare worker, Judie, took Joan's case to tribunal noting that her rental property had, for years, been severely leaking during the rain. Promised maintenance by the landlords to replace windows had not been actioned for 11 years, and carpets and other fixtures were decades old. The \$18,000 repayment demand was dropped, and the Anglicare team were able to find an affordable and well maintained unit for Joan, and offered her practical and emotional support.

"I can't thank Anglicare enough for what they've done for me. They never lectured me or made me feel embarrassed or intimidated. The caring way they spoke to me and treated me.. They just picked me up," says Joan.



## DAY 23 DISABILITY SERVICES

Anglicare Disability Services include day programs, support coordination, NDIS plan management and much more. Through our disability service and support; we seek to help clients accomplish their dreams and aspirations; realise their unique gifts and talents; have autonomy and authority over their life; live as independently as possible; be safe and secure; and participate in the community through meaningful relationships, employment, recreation, education and volunteering.

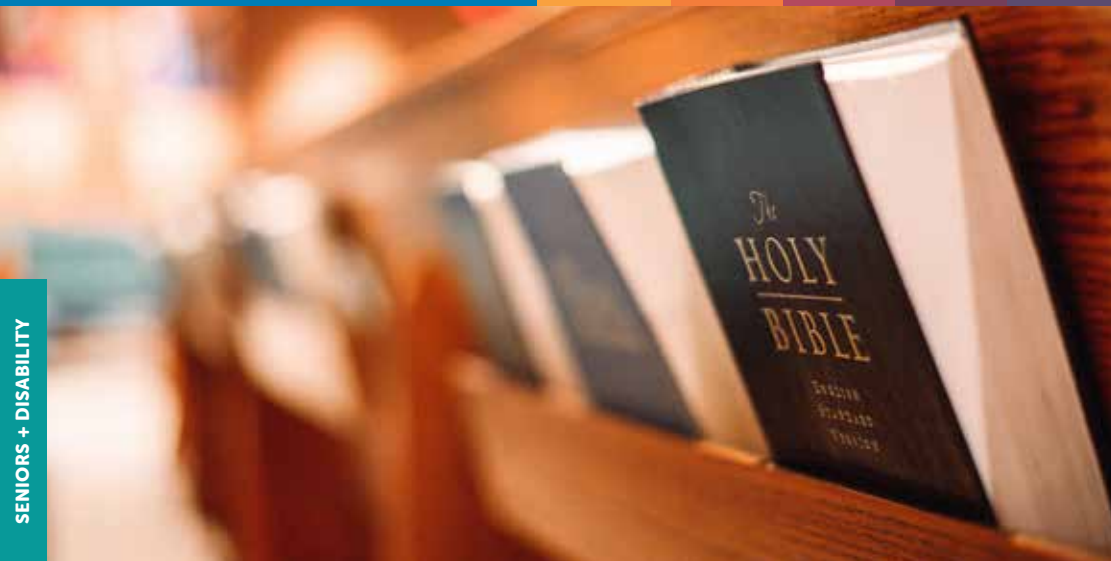
- Pray for disability inclusion in our community and parishes that are welcoming
- Pray for a deeper understanding of accessibility in the community and parishes
- Pray for the valuing and respect of every individual's gifts being made in the image of God
- Pray for a safe and secure context for the delivery of these services.



## DAY 24 EMBRACING MINISTRIES

Embracing Ministries provides pastoral care, spiritual support and developmentally appropriate programs for children and especially families in the Canberra area who live with disability. The program has over 70 families involved and welcomes people of all ages and abilities. It doesn't just care for the child living with a disability, but for their parents and siblings too.

- Pray for the continued growth of this ministry
- Pray for those who lead and those who serve embracing ministries
- Pray for the parents of children with disability and their connection to community and care.



## DAY 25 RETIREMENT LIVING CHAPLAINS

Anglicare provides chaplaincy services on site to residents of our retirement living communities. This helps residents to stay connected and to be a part of a thriving community. Pray for the rebuilding of connection and community within each village. Also pray for the rebuilding of connection and community with each Parish in close proximity to the villages.

- Thank God for the three villages that create a community of care for their residents
- Praise God for the opportunity to care spiritually for our residents
- Pray for the deepening of connection and community within each village.



## DAY 26 DISABILITY DAY CENTRES

Anglicare runs disability day centres in Canberra, Goulburn and Crookwell. Anglicare's team at the centre provide participants with service planning, individual support, group-based activities and social connection within the local community.

- Thank God for our staff who serve in these Centres
- Pray for the awareness of these services and the social connection they provide
- Praise God for the joy and care found in these centres.



## DAY 27 ADDITIONAL SUPPORT PROGRAMS

- Supported Independent Living and Home Care
- Seniors at risk of homelessness (especially older women)
- Retirees
- Carer Support & Respite

Today also please pray for our staff and clients to embrace these Sanctuary commitments (see page 21 and 45 for more information about our trauma-informed model of care):

6. Social Responsibility - We care for and support each other, repair conflict and take responsibility for our actions.
7. Social Learning - Learning from each other through action and communication.
8. Cultural Humility



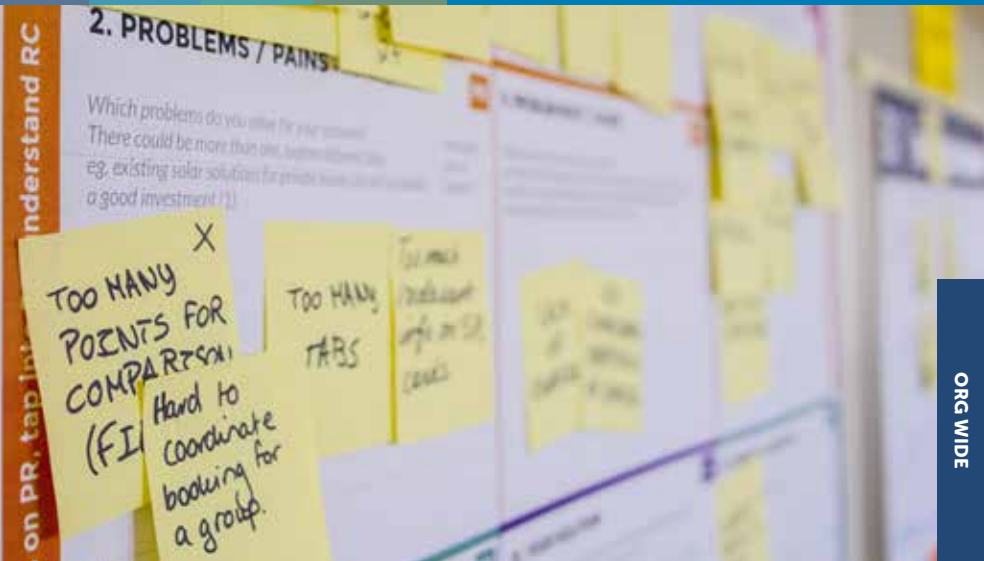
## DAY 28 ORGANISATION WIDE PRAYER REQUESTS

- Praise God for Anglicare's commitment to its governance systems and integration of safeguarding principles.
- Pray Anglicare continues to embed socially just and environmentally responsible activities across the organisation.
- Pray Anglicare will deepen its empowerment of the voice of those in need
- Pray the Vision, Mission and Values of Anglicare's Culture will always be shaped by the work of God in our midst.



## DAY 29 STAFF & PARISH PARTNERSHIPS

- Praise God for the Parish Volunteers who love and care for those in need in their communities
- Pray our volunteers feel the support and appreciation of their parishes and of Anglicare
- Pray for Anglicare & parish partnerships that will strengthen community connection and parish influence in their communities.
- Pray for the raising up for more staff who are keen to support Anglicare's Vision, Mission and Values.



## DAY 30 THE ANGLICARE BOARD

- Praise God for the good governance by our 9 directors
- Pray their governance continually supports the objectives of Anglicare to deliver, in the name of the Church, services and programs for the alleviation of poverty and suffering in the ACT & NSW, particularly regional and rural communities, by providing integrate and innovative care in services and programs to reduce disadvantage amongst vulnerable and at risk children, young people, seniors and people with a disability.
- Pray for the Board as they set strategic direction for Anglicare
- Pray for Anglicare's CEO as he reports and supports the Board's decision making.



## A MESSAGE FROM REV SARAH PLUMMER ANGLICARE EXECUTIVE MANAGER, MISSION + CULTURE

We want to thank you so much for your partnership in prayer with us and for us in Anglicare. We share in the knowledge that this is God's world and we are God's beloved. Our Heavenly Father delights in the prayers of his children and mercifully works through them to redeem, reconcile and renew all things in Christ. We long to see God's Kingdom come and God's will be done on earth as it is in Heaven. We rejoice and bear the fruit of joy because of your great love for those in need. May God continue to bless us and bless through us, so that we are blessed to be a blessing. May I share a final prayer from Psalm 67.

*May God be gracious to us and bless us; look on us with favour so that Your way may be known on earth, Your salvation among all nations. Let the peoples praise You, God; let all the peoples praise You. Let the nations rejoice and shout for joy, for You judge the peoples with fairness and lead the nations on earth. Let the peoples praise You, God, let all the peoples praise You. The earth has produced its harvest; God, our God, blesses us. God will bless us, and all the ends of the earth will fear Him.*

## FIND OUR PRAYER REQUESTS ON



### STEP 1

Scan the QR Code below

### STEP 2

Download PrayerMate app from Apple App Store or Google Play

### STEP 3

On the app search for 'Anglicare NSW South, NSW West & ACT' and add to your prayer list.





## **LOOKING FOR ANOTHER WAY TO MAKE A DIFFERENCE?**

By making a donation to Anglicare, you are directly supporting our work to provide critical assistance to vulnerable families and individuals across Southern NSW, Western NSW and the ACT.

**Scan the QR code below to donate today.**

